

A woman with dark, curly hair is sitting on a patterned sofa. She is wearing a maroon knitted sweater and has her hand resting on her belly. She has a tattoo on her hand that says 'Just'. She has a concerned expression on her face. In the background, there is a lamp with a pleated shade and a framed photo on a table.

“I’M JUST
A BIT
BLOATED”

JUST SPEAK TO YOUR GP

If you’ve had **tummy trouble** such as **bloating, diarrhoea** or **discomfort for three weeks or more**, it could be a sign of cancer. It’s probably nothing serious, but finding cancer early makes it more treatable.

Your NHS is here to see you, safely.

Clear on
cancer

help us
help you